# **Clackamas Community College**

Online Course/Outline Submission System

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### **Section #1 General Course Information**

**Department:** Skills Development

Submitter

First Name: Lisa
Last Name: Nielson
Phone: 3401
Email: lisan

Course Prefix and Number: ASE - 080

# Credits: 0

Contact hours

Lecture (# of hours): Lec/lab (# of hours): 20

Lab (# of hours):

Total course hours: 20

For each credit, the student will be expected to spend, on average, 3 hours per week in combination of in-class and out-of-class activity.

Course Title: Life Skills

Course Description:

This course is designed to provide basic instruction in the areas of life skills targeted to the issues of individuals who are currently incarcerated and who will be released to resume their lives in their communities. This course will assist students in budgeting, finding resources, home management, survival skills, and workplace skills.

Type of Course: Developmental Education

Can this course be repeated for credit in a degree?

No

Are there prerequisites to this course?

1 of 3 6/2/2016 8:18 AM

No

| Are there corequisites to this course?   |
|--|
| No   |
| Are there any requirements or recommendations for students taken this course?  |
| No   |
| Will this class use library resources?   |
| Yes  |
| Have you talked with a librarian regarding that impact?  |
| No   |
| Is there any other potential impact on another department?   |
| No   |
| Does this course belong on the Related Instruction list?   |
| No   |
| GRADING METHOD:  |
| Pass/No Pass Only  |
| Audit: Yes   |
| When do you plan to offer this course?   |
| ✓ Summer ✓ Fall ✓ Winter ✓ Spring  |
| Will this course appear in the college catalog?  |
| No   |
| Will this course appear in the schedule?   |
| No   |
| Student Learning Outcomes:   |
| Upon successful completion of this course, students should be able to:   |
| <ol> <li>demonstrate budgeting for individual circumstances,</li> <li>demonstrate consumer skills,</li> <li>identify process for gaining credit and banking services,</li> </ol> |

2 of 3

- 4. evaluate appropriate places to live,
- 5. demonstrate the basics of nutrition and meal planning,
- 6. identify the basics of survival skills for home and emergencies,
- 7. recognize expectations for propriety from interview to employment,
- 8. locate appropriate community resources for individuals and families.

#### This course does not include assessable General Education outcomes.

#### **Major Topic Outline:**

- 1. Budgeting and consumer spending
- 2. Household operations
- 3. Personal and household safety
- 4. Work

Does the content of this class relate to job skills in any of the following areas:

| Increased energy efficiency          | No |
|--------------------------------------|----|
| 2. Produce renewable energy          | No |
| 3. Prevent environmental degradation | No |
| 4. Clean up natural environment      | No |
| 5. Supports green services           | No |

Percent of course: 0%

First term to be offered:

## Next available term after approval

:

3 of 3 6/2/2016 8:18 AM